Building Better Study Skills

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Today’s Plan

1) We’ll have an interactive discussion on improving study skills.

2) Introduce an Online Companion Resource for this talk.

3) Questions and takeaways…
People learn differently.

There is more than one way to learn and study.

You are unique.

Take what works from the toolkit given today and apply it to your studies.

Gardner’s Theory of Multiple Intelligences
1. Verbal
2. Mathematical
3. Visual
4. Body Movement
5. Musical
6. Interpersonal
7. Intrapersonal
8. Nature
9. Human Existence

Three Keys

Successful Study

Environment

Note Taking

Active Learning
Environment

- Your study environment must be conducive to getting work done.
- Set aside a fixed place for studying and nothing but studying.
- The best environment for studying, reasonably quiet and relatively free of distractions like radio, TV, and people.
- Create an environment of habit where your instincts will focus on review.

Note Taking

- Develop and use a standard method of note-taking including punctuation, abbreviations, margins, etc.
- Leave a few spaces blank as you move from one point to the next.
- Do not try to take down everything that the lecturer says. Spend more time listening and attempt to take down the main points.
- Listen for cues to important points.
- Make your original notes legible.
- Copy down everything on the board.

Control your environment and make it the perfect place for studying.

Always listen and read with a pen in your hand!
Study Process

- **SURVEY** Gather the information necessary to focus and formulate goals

- **QUESTION** - Help your mind engage and concentrate

- **READ** - Fill in the information around the mental structures you’ve been building

- **RECITE** - Retrain your mind to concentrate and learn as it reads

- **REVIEW** - Refine your mental organization and begin building memory

SQ3R is a reading/study comprehension method named for its five steps: survey, question, read, recite, and review.

You are not alone.

**Student Success Center**

"SUCCESS" is our middle name
Questions??

libguides.stcc.edu/studyskills

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